

Breakfast LCS



Lyndeborough Central School



JANUARY

Fruits and Veggies are served daily.
We offer 100% Juice, 1% Milk and Fat Free Flavored Milk.

For more information please contact
Food Service Director Megan Nantel 603-732-9344
FRES/LCS Site Coord Tammy Smith 603-732-9283
WLC Site Coordinator Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

BREAKFAST MENU

Note: Menus are subject to change without notice

Breakfast Prices Student \$1.80
Reduced: FREE
Milk or Juice alone \$.50
Adult Breakfast: \$2.00

Monday

1

Winter Break
No School

Tuesday

2

Yogurt Parfait, Fruit
WG Granola
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

Wednesday

3

WG Donut
OR Breakfast
Break Pack
Assorted Juice
Pear
Milk

Thursday

4

Yogurt Smoothie
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

Friday

5

WG Bagel
Cream Cheese 1 oz
OR Breakfast
Break Pack
Assorted Juice
Grapes
Milk

8

WG Muffin 2oz
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

9

Yogurt Parfait, Fruit
WG Granola
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

10

WG Donut
OR Breakfast
Break Pack
Assorted Juice
Pear
Milk

11

Yogurt Smoothie
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

12

WG Bagel
Cream Cheese 1 oz
OR Breakfast
Break Pack
Assorted Juice
Grapes
Milk

15

Martin Luther King Jr Da
No School

16

Yogurt Parfait, Fruit
WG Granola
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

17

WG Donut
OR Breakfast
Break Pack
Assorted Juice
Pear
Milk

18

Yogurt Smoothie
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

19

WG Bagel
Cream Cheese 1 oz
OR Breakfast
Break Pack
Assorted Juice
Grapes
Milk

22

WG Muffin 2oz
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

23

Yogurt Parfait, Fruit
WG Granola
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

24

WG Donut
OR Breakfast
Break Pack
Assorted Juice
Pear
Milk

25

Yogurt Smoothie
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

26

WG Bagel
Cream Cheese 1 oz
OR Breakfast
Break Pack
Assorted Juice
Grapes
Milk

29

WG Muffin 2oz
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

30

Yogurt Parfait, Fruit
WG Granola
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

31

WG Donut
OR Breakfast
Break Pack
Assorted Juice
Pear
Milk

**All Breakfast Served with
100% Juice / 1% Milk of Fat Free Chocolate Milk**

This Institution is an Equal Opportunity Provider